



## **International trekking & climbing Festival in the Khumbu**

**Year of Asia UIAA Global Youth Summit 2011  
20-28<sup>th</sup> November 2011**



### **Who for?**

**Young climbers over 16 years old and trainers welcomed by Khumjung Youth Club and endorsed by NMA**

We would like to invite you to participate in this Festival to explore climbing possibilities in the Khumbu and take part in the Khumbu festival. Climbing in the shadow of Mt Everest will be a unique opportunity in the heart of the Sagarmatha National Park, a UNESCO world heritage site. Participants will have the chance to present climbing from their own country and to have discussions each evening on an important climbing or mountaineering topics. Maximum: 2 participants / country. Support to Asian countries on a first come first served basis. The language of the meet is English. Minimum climbing level lead level is Fr 5. Every participant will be partnered up with a Nepali climber to have a more intimate glimpse into the life of the Nepali climber. If you can only come for one week please ask the organizers for the reduced programme.

**Accommodation:** Hotel and mountain lodges

### **Aims:**

- Exchange stories and techniques for the high mountains with sherpas
- Learn about climbing training & developing new routes
- Develop a new bouldering area with making a route plan
- Talk about big wall techniques, using traditional protection

- Find out about ice climbing competitions and techniques
- Trek in a beautiful place & enjoy the Khumbu festival & discovering more about local culture and climate change

**About UIAA Global Youth Summit events:**

- These events are a great opportunity to meet a varied group of young climbers from home and abroad, make new friends, as well as exchange climbing techniques.
- During the event we will also share knowledge (demonstrations, lectures and experience) of climbing and mountaineering, ecological issues in Asia, high altitude medicine and living with mountain communities



**Programme:**

Day	Activity
1	Arriving in Kathmandu and collection from the airport. Welcome and introductions. Moving to hotel after visit to the city/climbing wall games and movement skills.
2	Transfer to airport and schedule flight to Lukla (2860m, 9384ft). Trek to Phakding (2610m)
3	Phakding to Namche Bazaar (3440m) Himalayan Environment presentation
4	Namche to Khumjung (3780m). Bouldering in Jharok. Training for rock climbing - High altitude Medicine talk, visit to the Sherpa museum
5	Khumjung – Rock Climbing in Khumjung. High altitude medicine talk. Visit ti Khumjung monastery to see the YETI scalp
6	Khumjung - Khumbu Festival and Action Run (if you want to run ask for the course profile)
7	Trekking Khumjung to Lukla
8	Schedule flight: Lukla-Kathmandu. Free time, visit the city. Share pictures and videos of the event. Meet statements.
9	Departure from Kathmandu or stay on

**Mountain Leader/Guide:** Nepalese guide, porters & Sherpa from Asian Trekking with support from Alex Klenov, UIAA Youth Commission member from Russia and Kazakhstan for the route setting.

**Organisation:** Khumjung Youth club & Dawa Stephen Sherpa (NMA) Due to only bank transfer option in Nepal registrations can through the UIAA Office

**Contact person for more information:** Dawa Stephen Sherpa & Khumjung Youth club  
[dawasteven@gmail.com](mailto:dawasteven@gmail.com) +977985102981, +9779813596317

**Cost:** \$150 per person. Maximum 10 places at this supported price rate, 2 people max/Federation on a first come first served basis. If you would like to send more applicants at the non subsidized rate please contact Dawa Steven – it may be possible. There will be a maximum participant ratio allocated for the route setting and climbing elements.

**Registration:** Please send your application form through the UIAA Office in Bern to [sophie.gerard@theuiaa.org](mailto:sophie.gerard@theuiaa.org) or [office@theuiaa.org](mailto:office@theuiaa.org) cc [dawasteven@gmail.com](mailto:dawasteven@gmail.com) Please send your event application form and payment to the UIAA Office. Payment can be by PayPal or bank transfer.

**Supported by:**